



## REIKI AUSTRALIA

### RESPONSE TO SECOND OPINION 15<sup>TH</sup> OCTOBER 2005

Firstly, Reiki Australia would like to congratulate Second Opinion for taking the initiative to put the spotlight on Complementary Therapies.

Reiki treatment practice is gaining credibility within traditional mainstream healthcare. It is a shame that the segment on Reiki shown on October 11, 2005 did not portray a “typical” Reiki treatment.

The practitioner did not clarify the name of the system of Reiki she practices. An attunement is not considered an aspect of a treatment by major streams of Reiki practice.

A Reiki attunement is part of the sacred initiation ritual when someone chooses to enter into the path of Reiki practice.

As a professional membership organisation of Reiki lay practitioners, treatment practitioners and Masters, many members contacted Reiki Australia with concerns about possible repercussions on the credibility of Reiki treatment and teaching practice due to the portrayal of Reiki in your segment. The representation of the attunement as part of a standard Reiki treatment and the public display of the Reiki symbols – which is information considered sacred by the major practices of Reiki – was deeply concerning.

Informed consent is a critical factor in a professional therapeutic relationship, therefore the client or patient needs to know which system of treatment they are contracting to and that the practitioner providing the treatment has the skills to manage the therapeutic relationship.

National standards for Reiki Treatment Practice are currently being developed and draft qualifications for a Certificate IV and a Diploma in Reiki Treatment Practice are currently posted for comment on the Community Services and Health Industry Skills Council website ([www.cshisc.com.au](http://www.cshisc.com.au)).

These qualifications will create a pathway for practitioners who may wish to train and prepare for professional Reiki treatment practice in a public setting.

Lynette Kirkman

A handwritten signature in black ink that reads "Lynette Kirkman". The signature is written in a cursive, flowing style.

Executive Director  
Reiki Australia